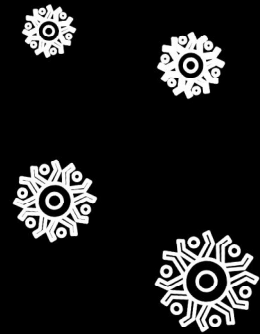




Text Booklet



Winter Sports



Which Winter Sport
is the Best for Me?



Name: _____

Group: _____

School: _____



Winter Sport Descriptions

1

Cross-country skiing:

The skier moves on snow using skies and poles, mostly in fields and trails.



Number:

→individually or in teams

Place:

→on snow

Qualities:

→fast, in control

2

Figure skating:

The skater dances on ice by performing jumps and spins.



Number:

→individually or in teams

Place:

→on ice

Qualities:

→flexible, graceful

3

Hockey:

One team has to get the puck into the other's team net.



Number:

→in teams

Place:

→on ice

Qualities:

→**strong**, fast

4

Luge:

The athlete **slides** on a sled, on his back, feet first.



Number:

→individually or in teams

Place:

→on track

Qualities:

→focused, audacious

5

Speed skating:

The athlete skates on a **rink against** others to be the fastest.



Number:

→individually or in teams

Place:

→on ice

Qualities:

→quick, determined

6

Ice fishing:

The fisherman makes a hole in a frozen lake and **tries** to catch fish.



Number:

→ individually

Place:

→ on ice

Qualities:

→ patient



7

Curling:

Two teams slide stones on the ice towards the **middle of** a circle.



Number:

→in teams

Place:

→on ice

Qualities:

→serious, meticulous

8

Alpine skiing:

The skier goes down a mountain on skis.



Number:

→individually or in teams

Place:

→on snow

Qualities:

→agile, daring

9

Biathlon:

The athlete has two tasks to do: ski and **shoot** on the **target**.



Number:

→individually or in teams

Place:

→on snow

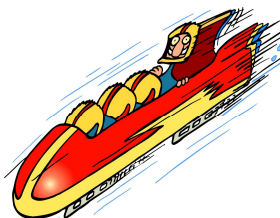
Qualities:

→perseverant, rigorous

10

Bobsleigh:

Bobsleigh consists of pushing and jumping into a sled and sliding down a track.



Number:

→in teams

Place:

→on track

Qualities:

→friendly, strong

11

Ice climbing:

The climber goes up ice structures.



Number:

→individually

Place:

→on ice

Qualities:

→strong, adventurous, brave

12

Winter camping:

The camper sleeps in a tent in the **woods**.



Number:

→individually

Place:

→on snow

Qualities:

→solitary, enjoys nature

13

Snowboarding:

The snowboarder stands on a board and goes down a mountain.



Number:

→individually

Place:

→on snow

Qualities:

→disciplined, dynamic

14

Snowshoeing:

Snowshoeing consists of walking on **deep** snow using snowshoes.



Number:

→individually

Place:

→on snow

Qualities:

→calm, nature adept

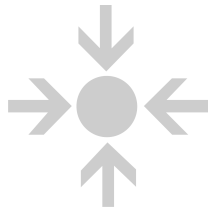
Mini-Dictionary

Against



Deep - Profound

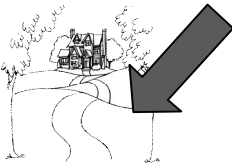
Middle



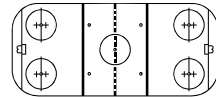
Hole -



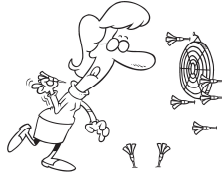
Fields



Rink



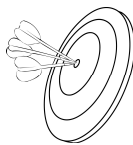
Shoot



Slides



Target

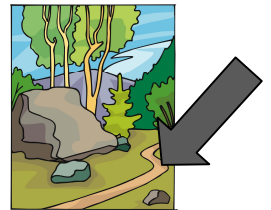


Spins



Tries – Take a chance

trail



Stand



Woods

